

TLC CONNECT



**HEART OF THE
CITY WORSHIP
BAND**



Sunday, July 24th

They will be leading both
Sunday services this week.

This band is led by Dan & Sandy Adler.

**WELCOME TO THE LOG
CHURCH - JULY 24TH**



Join us this Sunday at either service to hear **The Heart of the City Worship Band**. The band is a multicultural band led by Dan Adler, author of the songs the group sings. This will be a unique worship experience you won't want to miss.

Service Times: 9:00 AM & 10:30 AM.

Nursery & Little Loggers (3-10 yrs old) available both services.

**Men's Ministry
YAP & EAT
FRIDAY, JULY
29TH • 6:00 PM**



Hey guys, join us for some great food and time to yap! We'll meet at Eric Miller's home at 43775 Kego Lake Road, Fifty Lakes.

ANNUAL OUTDOOR BAPTISM

Baptism will be held on Sunday, August 21st following the 10:30 AM service. If you are interested in being baptized, please contact the church office at 218-692-4141.

GRIEF SUPPORT GROUP

Help and encouragement after the death of a spouse, child, family member, or friend



Weekly Grief Support Group

Wednesdays • 6:30 pm
July 6th - Sept. 28th

The Log Church • Ephesus Room
(Crosslake Evangelical Free Church)
37218 County Road 66, Crosslake

Contacts:
Tom Canon 765-993-3518
Wendy Canon 765-977-6675

EFFECTIVE JULY 16TH, 2022
NEW CRISIS HOTLINE



**988 SUICIDE & CRISIS
LIFELINE**

VOLUNTEERS NEEDED for Camp Zoomerang

We are in need of 20 volunteers to help with camp. You may [CLICK HERE](#) to view the time slots and sign-up on-line or go to: <https://crosslakeefc.breezechms.com/form/2f2fe976>. Thank you in advance for your generous gift of time!



Wednesday Afternoon Day Camps
for kids ages 4-10

**July 27th + August 17th
1:00 - 5:00 PM**

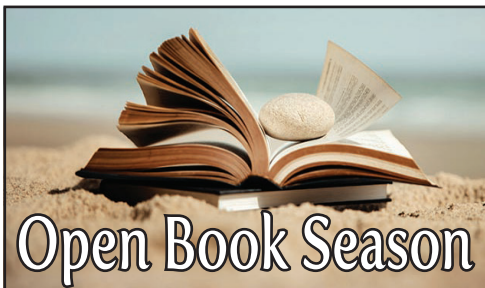
REGISTER ON-LINE TODAY FOR
2 MORE FUN-FILLED CAMPS!!!

**COST:
\$15/Child OR \$25/Family**

**Drop off the kids between 12:45-1:00 pm
Pick them up between 5:00-5:15 pm**
* We will be indoors and outdoors so dress accordingly.

**INVITE A
FRIEND!**

— REGISTER ONLINE TODAY —



Open Book Season

LIBRARY OPEN HOUSE SUNDAY JULY 31ST

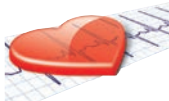
Stop by The Log Church Library to catch some great reads or DVDs to enjoy this summer season.

“Check-out” what the Library is all about at our upcoming Open House after each service.

HEART HEALTH TIP

Identifying Stroke Symptoms

F.A.S.T. Warning Signs



Use the letters in FAST to spot a stroke

- **F = Face Drooping** – Does one side of the face droop or is it numb? Ask the person to smile. Is the person’s smile uneven?
- **A = Arm Weakness** – Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?
- **S = Speech Difficulty** – Is speech slurred?
- **T = Time** to call 911

Steps to take to be healthier and reduce your risk of stroke:

- Don’t smoke and avoid second-hand smoke.
- Improve your eating habits. Eat foods low in saturated fat, trans fat, sodium and added sugars.
- Be physically active.
- Take your medicine as directed.
- Get your blood pressure checked regularly and work with your healthcare provider to manage it if it’s high.
- Reach and maintain a healthy weight.
- Decrease your stress level.
- Seek emotional support when it’s needed.
- Have regular medical checkups

submitted by: FCN

The Log Church Mental Health Ministry & True North Ranch Ministries

WEEK EIGHT: Uniquely Made (Ages 6-18)

TUES., JULY 27TH • 3:00-4:30 PM

True North Ranch, 12600 Pelican Beach Rd, Merrifield

Our ongoing challenges do not stop God from carrying out the story he has for our lives. God created us with talents, gifts and passions but sometimes we have a difficult time identifying what these are. As we learn about ourselves we also begin to see glimpses of God’s unique story for us. God loves us so much and made us uniquely for a reason! Please wear pants, tennis shoes or boots only. **This workshop is FREE.** TO REGISTER ONLINE [CLICK HERE.](#)

For more information, call Naomi Nelson at 218-692-5151 or email her at: naomi@crosslakeefc.org



DEVOTION - Knitting Revelations *submitted by Jacki Sullivan*

Recently my daughter wanted to learn how to knit so a good friend took time out of her busy schedule to teach my two kids and myself how to knit. Her patience and kindness were so appreciated. But I never imagined what God was about to show me through knitting. He showed not only patience and perseverance, HE was showing me His life lessons in a beautiful and unique way. The beginning of my “masterpiece washcloth” was filled with errors and mistakes that caused my washcloth to grow in an abnormal way. Not knowing, I continued to work with the mistakes trying to navigate without fixing the problems. Slowly I learned how to address those “mistakes” in a positive way and by simply removing the yarn that was causing the problem. I removed the mistakes and “released” the yarn that was meant to be there. I saw the project was so tightly woven that I struggled to continue my progress. Once I let up my

grip on letting the yarn loosen and let go of trying to control every turn, my pace picked up again and I could move forward in a positive direction.

KNITTING LIFE LESSONS

- We will continue to struggle if we ignore the mistakes in our thread/yarn.
- We can address the problems and move forward without starting over or throwing in the towel.
- If we loosen up our white-knuckled grip in trust, we may find the peace that God has had for us all along.
- God does not want us to struggle with our masterpiece.
- Just like the yarn, God wants us to relax our grip on all the worries and those things that cause us to fear. Control belongs to hands much bigger than our own. HE is ready and willing to fill us with peace and rest so we may flow more freely to finish HIS “masterpiece” through us.

Have you heard?

THE LOG CHURCH HAS A NURSING MINISTRY CALLED FAITH COMMUNITY NURSING!



FCN is looking for your input to help shape the ministry. Please take a few minutes to complete the needs assessment survey. Click this link to take the survey. <https://crosslakeefc.breezechms.com/form/82d986>

WEDNESDAY NIGHT YOUTH GROUP Wed., July 27th - Bonfire & Appreciation:



We will be having a bonfire (weather permitting) and taking time to reflect on what God has been doing in our lives and what we are appreciative for. We’ll have s’mores and yard games to go along with it.