Growing

F@ITH HOME

Marriage Date Night

D I D   Y O U   K N O W ?

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Best Use

A date night discussion guide for husbands and wives to encourage and build each other up with words of affirmation.

Advance Preparation

- Schedule a dinner or coffee date. This can also be a date night at home after putting kids to bed.

- Each spouse should spend a few minutes writing down their own responses to the *"Did You Know"* statements on the reverse side.

- **Optional:** Write your affirmations on a card that you can give to your spouse as a keepsake.

During the Date

Take turns reading your answers to the statements aloud.

Did You Know...

1. **A character quality I admire in you is…**
   (i.e., patience, diligence, sincerity, kindness, honesty, humility)

2. **I appreciate the simple ways you serve me by…**
   (i.e., sacrificing hobbies, helping with the children, making coffee in the morning, working to provide, managing the household)

3. **Something I love about you is…**
   (i.e., how you play with the children, your thoughtfulness, your sense of humor, how you care for others, your passion for life)

4. **One way I've seen you grow closer to God is…**
   (i.e., your self-discipline, your compassion for others, how you pray, taking us to church, your desire to read the Bible, your selflessness)

5. **I feel most refreshed by you when…**
   (i.e., you rub my shoulders, we go shopping together, we kiss, you wink at me)

Optional: Come up with your own *"Did You Know"* statements.

Going Further

Read these verses together and discuss the blessings of encouraging each other…

- **1 Thessalonians 5:11**
  "Therefore, encourage one another and build each other up."
  (Encouraging words will build up my spouse)

- **Proverbs 11:25**
  "…he who refreshes others will himself be refreshed."
  (Refreshing my spouse refreshes me)

- **Hebrews 3:13**
  "But encourage one another daily…so that none of you may be hardened by sin's deceitfulness."
  (Intentionally affirming my spouse keeps our hearts soft)